

Mental Wellness Patch Program Giveaway!

Life brings up all sorts of emotions, but being a Girl Scout means tapping into a welcoming community of people who uplift and guide you every step of the way. Girl Scouts Mental Wellness program teaches you how to care for your emotions as they come up, and encourages you to become your most resilient self with activities to help you get through anything.

To better understand the needs of the San Jacinto Girl Scouts community We are offering FREE patches to those who complete our Mental Wellness Patch Survey. This patch program giveaway and survey are made possible by HCA Healthcare Foundation.

Get Started!



Download the patch program facilitator guides to get started!

Take the survey to receive your completed patches for FREE!



For more on mental wellness and Girl Scouts, visit our website.

Eligible FREE Patches:

- Resilient. Ready. Strong. (Daisys through Ambassadors)
- Knowing My Emotions (Juniors)
- Finding My Voice (Cadettes)
- Showing Up for Me & You (Seniors & Ambassadors)

