Girl Scouts are amazing and we’re even stronger together. Our organization has been around for over 100 years and our members have always exhibited a spirit of service and strength when it was needed most. This is your chance to take part in a long tradition of girl power!

Learn About Historical Girl Power
Girl Scouts have always been at the forefront of historical moments. Research the legacy of Girl Scouts and how they have stepped up during historical moments. This will help you understand the important steps you’ll be taking.

Increase Your Girl Power
It’s important to remember that you can’t help others if you aren’t healthy and taking care of yourself. So increase your power by doing a work-out. Try a chalk art obstacle course, have a dance party, follow a guided online workout – whatever you want!

Find Inner Girl Power
Since everything is a little different right now, you might be experiencing stress or anxiety and that’s okay. Remember that keeping YOU healthy is important and it will help you help others in the long run. Try something that helps you relieve stress like yoga, art, talking with someone you trust, or watching your favorite movie.

Connect With Your Girl Power
Girl Scouts are great at connecting to people on a personal level. Use that superpower to share your skills through service to directly help someone. For example, if you love animals you might offer to walk a neighbor’s dog. Or, you could complete a chore at home for your parent. You might also choose to participate in a national service project like connecting to individuals in a senior residence.

Share Girl Power
Girl Scouts have a long tradition of service, as you explored earlier. Now it’s your chance to help the community at-large! Host a food drive, consider donating blood (if you’re old enough), or choose to do a cyber babysitting session to entertain younger kids in your neighborhood by hosting a virtual movie night. The possibilities are endless! Girl Scouts are creative, so use your passions to make a big impact.

Teach Girl Power
When Girl Scouts learn skills, they are able to share them with others. Share something you learned with someone in your household. Or connect with your fellow Girl Scouts by making a phone call, starting a video call, or recording a video to be posted online. (Remember to reference Safety Activity Checkpoints for online activity). To help other Girl Scouts find any social media posts you put up publicly, use #GirlPowerCantBeQuarantined.